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# Nursing Education for the Geriatric ED

## Expert Panel Webinar

Monday, May 6, 2024

3–4pm EST

Moderated by:

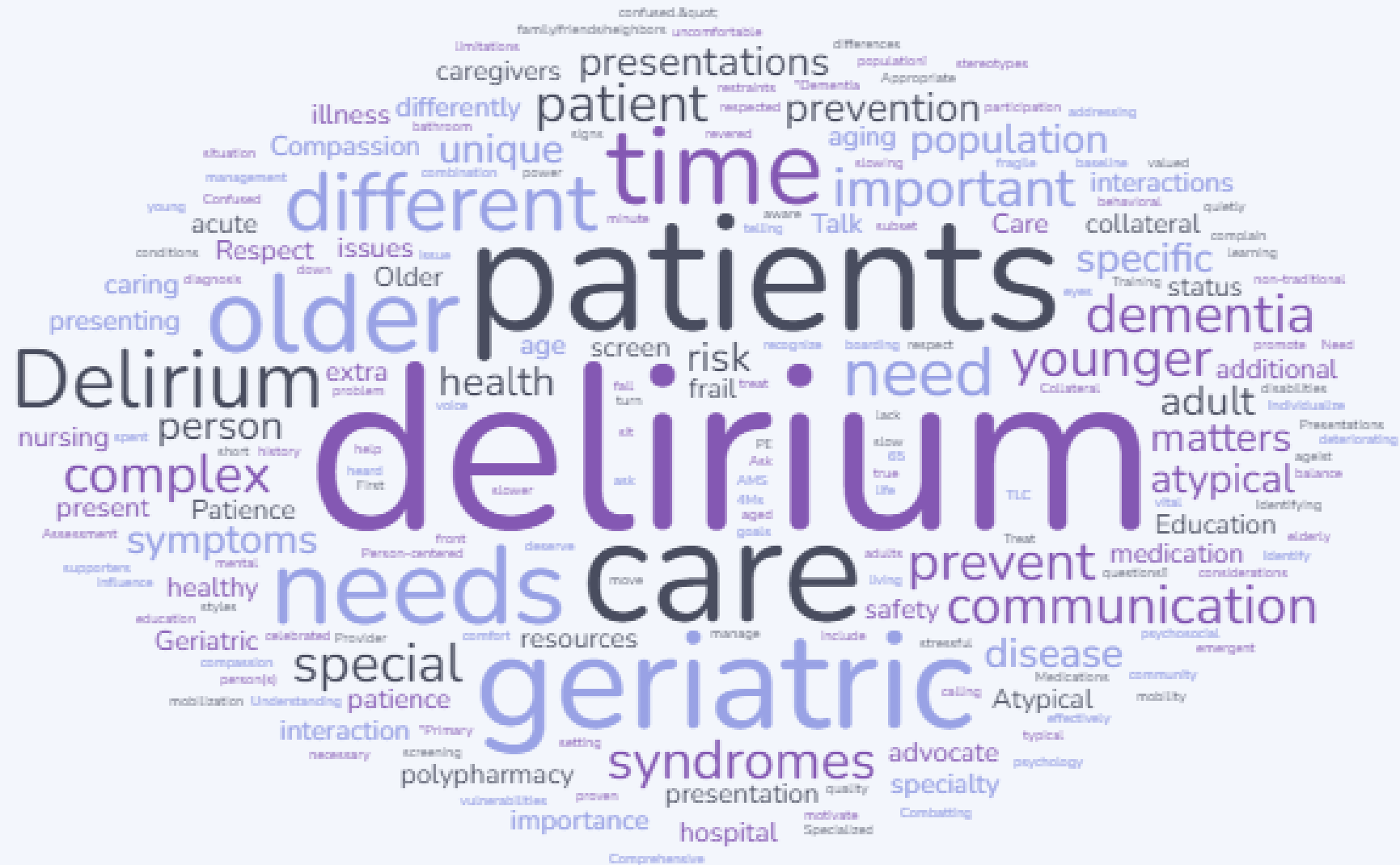


**Don Melady, MD, MSc(Ed)**  
Emergency Physician  
Mount Sinai Hospital, Toronto, Canada  
GEDC Faculty

***What is one thing you think every ED nurse  
needs to know about older patients?***

**200 Registrants Across 10 Countries**

## Feedback from the Audience





# What is one thing you think every ED nurse needs to know about older patients?

Person-centred care

Strategies to *prevent* delirium

The need to revere, respect, and celebrate the person

Symptoms are different in older people than in younger

Communication strategies especially with people with dementia

Complexity of the presentations: not just one thing

Respect and compassion

Spending time saves time

Dementia and how it impacts ED visit

All of the 4Ms

How to advocate for special needs

Screening for many conditions, including delirium

How to promote health and health living

Importance of family and other caregivers

How to establish a baseline – both mental and physical

What is frailty and how it impacts their ED visit

How to promote mobility

What is ageism and how it impacts care



**gedcollaborative.com**

## Mission & Vision

A world where all emergency departments provide the highest quality of care for older patients.

We transform and evaluate interdisciplinary best practice in geriatric emergency medicine, and then build and distribute practical, evidence-based clinical curriculum and quality improvement tools that support sustainable, quality care for older adults.

<https://gedcollaborative.com/membership/>

## Membership

GEDC Members work together to transform ED care of older adults; catalyze action at local and national levels to support these care transformations; and evaluate the impact of these new models of care for older people.

- **Make your plan to become a GED**
- **Access to GEDC Community**
- **Participate in consulting services**
- **Access to education tools**
- **Implementation tools and training**
- **Evaluation resources**



**Join  
the  
GEDC**

## Meet Your Expert Panel

**What questions  
do you have  
for our panelists?**



**Karen Mack, DNP, MBA, APRN, CCNS, ACNP-BC**  
Executive Director  
NICHE | Nurses Improving Care for Healthsystem Elders  
NYU Rory Meyers College of Nursing



**LaToria Woods, MSN, APRN, RN, CCNS**  
Nursing Content Specialist  
ENA Geriatric Committee Staff Liaison  
ENA | Emergency Nurses Association



**Aaron Malsch RN, MSN, GCNS-BC**  
Senior Services Interim Director  
Advocate Aurora Health  
Milwaukee, Wisconsin

# Take away points: Karen Mack

1. Older adults require specialized care by nurses who understand how to assess, prevent, and manage geriatric syndromes. Prevention and management interventions are based on evidence-based guidelines, protocols, and research.
2. Age-sensitive care includes viewing older adults as a capable and valuable population group within our society. Aging-sensitivity exercises and activities are a best practice in geriatric education.
3. Geriatric nursing education must include both didactic education and implementation education. An implementation education best practice is to develop simple job aids that illustrate the workflow.

# Take away points: LaToria Woods

1. Meet ED nurses at their level. Perform a needs assessment of what YOUR staff wants. Develop courses or learning opportunities based on their feedback.
2. There are numerous ways to deliver education. Many nurses are turning to platforms such as YouTube or Tik-Tok to broaden education. Look for innovative ways to engage learners using the latest technology and interactive methods.
3. Education does not begin or end with taking a course and earning contact hours. Mentorship is important: nurses need support and guidance now more than ever



# What is one thing you think every ED nurse needs to know about older patients?

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# GEDC Nursing Education Resources

## BLOG

### Geriatric-Focused Education for Nurses

April 30, 2024

Aaron Malsch

This article highlights a few GEDC educational resources to help Emergency Nurses prepare to meet the unique needs of vulnerable older adults.

<https://gedcollaborative.com/article/geriatric-focused-education-for-nurses/>

## Toolkits

Toolkits to assist in starting quality geriatric-focused improvement initiatives in your emergency department

Share on [f](#) [t](#) [in](#)

### TOOLKIT

#### Preparing your Emergency Department for Patients on Amyloid-Targeting Therapy

March 28, 2024

A toolkit capturing key information of amyloid-targeting therapy and offers practical guidance you can easily integrate into your everyday clinical practice.

### TOOLKIT

#### Making the Case for Geriatric Emergency Department Quality Improvement

December 11, 2023

Easy-to-use resources for demonstrating the benefits of providing specialized care for older adults in the emergency department (ED) and return on investment (ROI) for specific geriatric ED interventions.

<https://gedcollaborative.com/resources/implementation-toolkits/>

## Skills Fair: Mobility Risks and Falls

AMA and ANCC Credits Available

Share on [f](#) [t](#) [in](#)

These five short modules cover topics relevant to the management of mobility risks and falls. Click on a module below to begin. You must be signed in as a GEDC user in order to complete these courses.



### Mobility Risks and Falls: The Gravity of Mobility Risks and Falls

Falls & Mobility Module 1 - This brief module will explore the serious impacts falls have on older adults, the healthcare system, and what we as providers need to remember as we treat older adults in the ED.

View



### Mobility Risks and Falls: Case Study

Falls & Mobility Module 2 - This 30-minute course follows the case of Mr. Smith - a fall case similar to any you might see on your next shift. How will you ensure Mr. Smith's injuries are properly assessed and what steps will you take before discharging him safely?

View



### Mobility Risks and Falls: Interventions for Falls Prevention

Falls & Mobility Module 3 - In this 30-minute module, we'll review the basics of mobility assessments for older adults in the emergency department and introduce some simple strategies for incorporating either informal or formal mobility assessments into your practice.

View



### Mobility Risks and Falls: Communication for Improved Outcomes

Falls & Mobility Module 4 - This 30-minute module teaches communication strategies for improving the care, outcomes, patient perceptions, and patient experience for older adults who have come to the ED after a fall.

View

<https://gedcollaborative.com/course/mobility-risks-and-falls-skills-fair/>

# GEDC Geri-EM Modules for Nurses

## Geri-EM Modules

Click on a module below to begin. You must be signed in as a GEDC user in order to complete these courses.



### Atypical Presentations in the Older ED Patient

This module uses a patient case to explore the anatomy, physiology, and pharmacology behind the patient's atypical presentation, and how to best manage such a patient.

View



### Cognitive Impairment in the Older ED Patient

This module explores delirium, dementia, and depression in older adults in the ED, and best practices for screening, assessment, and management.

View



### Emergency Management of Falls in the Older ED Patient

This module explores an approach to the management of the routine patient who has fallen, and what constitutes an adequate ED work-up of the first-time or frequent faller.

View



### End-of-Life and Symptom Management in the Older ED Patient

This module looks at trajectories of disease, prognosis, goals of care discussions, and best practices in symptom management, including pain, relevant to the ED.

View

<https://gedcollaborative.com/course/geri-em/>

# Learn More: AARP Videos

## Dementia in the ED: Providing Better Care for Older ED Patients

A diagnosis of dementia affects every step of the ED process from assessment, treatment, to discharge planning. And what if a diagnosis isn't on the medical record? Watch the video to gain some tips and insights.



## Delirium in the ED: Serious, Costly, and Potentially Deadly

Delirium is a frightening experience for patients and caregivers and has serious medical consequences including increased risk of readmission and death. Watch the video to see why it's easy to miss delirium in the ED, and how we can take simple steps to identify delirium, and even prevent it from developing during an ED visit.



<https://gedcollaborative.com/article/brain-health-in-the-ed-videos/>



# More Resources:

## GEDC:

- AARP Videos: <https://gedcollaborative.com/article/brain-health-in-the-ed-videos/>
- Nursing Blog: <https://gedcollaborative.com/article/geriatric-focused-education-for-nurses/>
- Skills Fair Modules: <https://gedcollaborative.com/course/mobility-risks-and-falls-skills-fair/>
- GEDC July 2024 Webinar: <https://gedcollaborative.com/event/emed-toolkit-webinar/>
- Geri-EM Modules: <https://gedcollaborative.com/course/geri-em/>
- West Health: <https://www.westhealth.org/initiatives/geriatric-emergency-care/>
- The John A. Hartford Foundation: <https://www.johnahartford.org/>

## Karen Mack:

- NICHE Webinar May 8: [https://nyu.zoom.us/webinar/register/WN\\_Bv2u0ubiQjCm4y109IzTUQ#/registration](https://nyu.zoom.us/webinar/register/WN_Bv2u0ubiQjCm4y109IzTUQ#/registration)
- NICHE program: [nicheprogram.org](https://nicheprogram.org)
- National Center to Reframe Aging: <https://www.reframingaging.org/>

## LaToria Woods:

- Geriatric Emergency Nursing Education: <https://www.ena.org/enau/pathways>
- Geriatric Emergency Nursing Education: <https://www.ena.org/enau/educational-offerings>
- Geriatric Emergency Department Readiness Toolkit: <https://portal.ena.org/store/s/product-details?id=a1B8W00000C5sU9UAJ>
- Topic Brief – Screening Tools for Older Adults in the Emergency Care Setting <https://portal.ena.org/store/s/product-details?id=a1B8W00000C5sTaUAJ>
- Clinical Practice Guideline – Fall Risk Assessment:  
<https://enau.ena.org/Public/Catalog/Details.aspx?id=n9swNfYWeoCjfZlBrENMqA%3d%3d&returnurl=%2fUsers%2fUserOnlineCourse.aspx%3fLearningActivityID%3dn9swNfYWeoCjfZlBrENMqA%253d%253d>
- Clinical Practice Guideline - Screening Older Adults for Cognitive Impairment: <https://portal.ena.org/store/s/product-details?id=a1B8W00000C5sTtUAJ>



## Q & A

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Ask your questions  
in the chat!

We will try to get to everyone



## OUR NEXT GEDC EXPERT PANEL WEBINAR

### **Implementing the Elder Mistreatment for the ED (EMED) Toolkit in the Geriatric ED**

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**July 22, 2024  
3-4pm EST**

Register now:

<https://gedcollaborative.com/event/emed-toolkit-webinar/>



# GEDC

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EMERGENCY DEPARTMENT  
COLLABORATIVE

EDUCATE IMPLEMENT EVALUATE

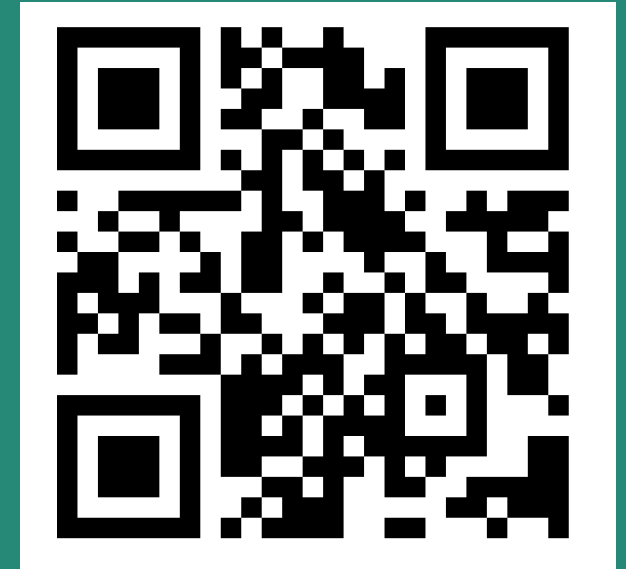
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